



**EVIDENCE BASED MEDICINE**

# **MANAGEMENT OF IVIG NON-RESPONDERS IN KAWASAKI DISEASE**

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- 2 IVIG RETREATMENT
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# Background

- IVIG non – responders: persistent or recrudescent fever  $\geq 36-48$  hours after the completion of the initial IVIG infusion
- The incidence : 10 – 20%
- IVIG non-responders: increased risk of CAAs
- Optimal therapy: controversial



# IMMUNOSUPPRESSANT

- Additional IVIG treatment
- High-dose intravenous pulse methylprednisolone (IVMP)
- TNF- $\alpha$  blockade
- Cyclosporine A
- IL-1 blockade
- Methotrexate
- Anti-CD20



# IVIG retreatment

## AHA Scientific Statement

### **Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease**

**A Statement for Health Professionals From the Committee on Rheumatic Fever, Endocarditis and Kawasaki Disease, Council on Cardiovascular Disease in the Young, American Heart Association**

*Endorsed by the American Academy of Pediatrics*

- Recommend IVIG 2g/kg (Level C)

Newburger JW, Takahashi M, Gerber MA et al. Diagnosis, treatment, and long-term management of Kawasaki disease: a statement for health professionals from the Committee on Rheumatic Fever, Endocarditis, and Kawasaki Disease, Council on Cardiovascular Disease in the Young, American Heart Association. *Pediatrics* 2004;114:1708-33.



# Steroids

Study	No. of IVIG non-responder	Study design	Study population	Treatment protocol	Number of patients with CAAs
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## Studies about steroids as third line treatment

Wright <sup>54</sup> 1996	4	Case series	KD patients with IVIG non-response after 2 IVIG doses	IVMP (30 mg/kg/day for 1-3 days)	4/4 (100%)
Dale <sup>55</sup> 2000	7	Case series	KD patients with IVIG non-response after 2 IVIG doses	Oral PRED (2mg/kg/day for 2 weeks)	5/7 (71.4%)
Hashino <sup>54</sup> 2001	17 / 262 (7%)	Randomized controlled trial	KD patients with IVIG non-response after 2 IVIG doses	IVMP (20 mg/kg/day for 3 days) [n=9] versus 3rd IVIG infusion (1g/kg) [n=8]	7/9 (77.8%) versus 5/8 (62.5%) P=NS



# Steroids

## Studies about steroids as second line treatment

Miura <sup>57</sup> 2005	22 / 169 (13%)	Randomized controlled trial	KD patients with non-response to initial IVIG infusion ( $\geq 48$ h after IVIG)	IVMP (30 mg/kg/day for 3 days) [n=11] <i>versus</i> 2nd IVIG infusion (2 g/kg over 24h) [n=11]	3/11 (27.3%) <i>versus</i> 2/11 (18.2%) P=NS
Furukawa <sup>45</sup> 2008	63 / 411 (13%)	Retrospective, multicenter, cohort study	KD patients with non-response to initial IVIG infusion ( $>36$ h after IVIG). IVIG was only given to patients whose families refused IVMP.	IVMP (30 mg/kg/day for 3 days), followed by PRED (1mg/kg/day) tapered over 7 days [n=44] <i>versus</i> 2nd IVIG infusion (1-2 g/kg) [n=19]	2/19 (10.5%) <i>versus</i> 5/44 (11.4%) P=NS
Ogata <sup>58</sup> 2009	27 / 164 (16%)	Prospective, comparative study between 2 different centers	KD patients aged 2 months – 10 years with IVIG non-response ( $>36-48$ h after initial IVIG infusion)	IVMP (30 mg/kg/day for 3 days) [n=13] <i>versus</i> 2nd IVIG infusion (2g/kg) [n=14]	0/13 (0%) <i>versus</i> 3/14 (21.4%) P=NS



# Steroids

- as second-line treatment (i.e., in patients after initial IVIG failure)
- or as third-line treatment (i.e., in patients after non-response to repeated IVIG infusions)
- **faster resolution of fever**
- **similar rate of CAAs** compared to IVIG retreatment





# TNF- $\alpha$ blockade

Burns <sup>67</sup> 2008	24	Multicenter, randomized controlled trial (pilot trial)	KD patients (initial IMG within 14 days) with non-response 48h-7 days after the IMG infusion.	Infliximab (5 mg/kg) [n=12] <i>versus</i> 2nd IMG (2 g/kg) [n=11]	Cessation of fever (<24h): 92% <i>versus</i> 67%. No differences in laboratory variables, fever or coronary artery outcome. Infliximab was safe and well tolerated.
Son <sup>68</sup> 2011	106 / 641 (16.5%)	2-center retrospective review	KD patients with IMG non-response	Infliximab (5 mg/kg) [n=20] <i>versus</i> 2nd IMG (2 g/kg) [n=86]	CAAs: 35% <i>versus</i> 34% ( $P=.91$ ) Fever: 8 <i>versus</i> 10 days ( $P=.028$ ) Hospitalization: 5.5 <i>versus</i> 6 days ( $P=.033$ ) Adverse events: 0% <i>versus</i> 2.3% ( $P=1.00$ )
Mori <sup>69</sup> 2012	20	Open label trial	KD patients with IMG non-response ( $\geq 48$ h after initial IMG infusion)	Infliximab (5 mg/kg)	Rapid improvement of inflammatory symptoms and markers. No adverse events. Two patients were refractory to infliximab (and underwent plasma exchange therapy).



# TNF- $\alpha$ blockade

- TNF- $\alpha$ : key pro-inflammatory cytokine
- Elevated plasma level of TNF- $\alpha$ : increased risk of CAA
- TNF blockade: infliximab and etanercept
- **Infliximab (5 mg/kg): Rapid improvement of inflammatory symptoms and markers, no adverse side effects**



# Cyclosporine A

- Suzuki et al (2011) :
  - Pilot study (329 KD pts)
  - 28 Japanese patients with IVIG non-response
  - cyclosporin A dose: 4-8 mg/kg/day
  - 18 pts: afebrile within 3 days (64.3%), 4pts within 4-5 days
- Tremoulet et al (2012) : case series of 10 KD pts
  - rapid defervescence and resolution of inflammation

Suzuki H, Terai M, Hamada H et al. Cyclosporin A treatment for Kawasaki disease refractory to initial and additional intravenous immunoglobulin. *Pediatr Infect Dis J* 2011;30:871-6.

Tremoulet AH, Pancoast P, Franco A et al. Calcineurin Inhibitor Treatment of Intravenous Immunoglobulin- Resistant Kawasaki Disease. *J Pediatr* 2012



# IL-1 blockade

- Case reports
- In a mouse model for KD: Lee et al showed that IL-1 $\beta$  is indeed critically involved in the coronary arteritis and that the coronary lesions can be prevented by IL-1RA treatment

Lee YH, Schulte DJ, Shimada K et al. IL-1beta is Crucial for Induction of Coronary Artery Inflammation in a Mouse Model of Kawasaki Disease. Circulation 2012 February 2



# Methotrexate

- Case series
- In a subsequent trial by Lee et al:
  - low-dose oral methotrexate therapy (10 mg/m<sup>2</sup>, once weekly until CRP levels normalized)
  - 17 IVIG non-responsive patients
  - Methotrexate: prompt resolution of fever and rapid improvement of inflammatory parameters

Lee TJ, Kim KH, Chun JK, Kim DS. Low-dose methotrexate therapy for intravenous immunoglobulin-resistant Kawasaki disease. *Yonsei Med J* 2008;49:714-8



# Anti CD20 treatment

- Sauvaget et al: a single case of a child with KD who was successfully treated with rituximab (15 mg/kg/day)

Sauvaget E, Bonello B, David M, Chabrol B, Dubus JC, Bosdure E. Resistant Kawasaki Disease Treated with Anti-CD20. J Pediatr 2012



# Other treatment

- Plasma exchange
- Ulinastatin:
  - inhibits neutrophil elastase and prostaglandin H<sub>2</sub> synthase
  - Kanai et al:
    - ulinastatin plus IVIG and aspirin (n=369) compared with patients treated with conventional therapy (n=1178).  
→ ulinastatin was associated with fewer patients requiring additional rescue therapy (13% vs. 22%;  $P < 0.001$ ) and a reduction in CAA formation (3% vs. 7%;  $P = 0.01$ )
    - used in Japan as an adjunctive therapy for KD patients

Kanai T, Ishiwata T, Kobayashi T et al. Ulinastatin, a urinary trypsin inhibitor, for the initial treatment of patients with Kawasaki disease: a retrospective study. *Circulation* 2011;124:2822-8.



# Conclusion

- IVIG retreatment: recommend
- Other drugs: IVMP, infliximab and anti-IL-1 treatment
- Need more researchs





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Thanks for your attention